



Pleasant Ridge Swim Team
New Parent Information
2018

Pleasant Ridge Piranhas

Pleasant Ridge Piranhas

- ✓ www.pleasantridgepiranhas.com
- ✓ PRSWIM@cityofpleasantridge.org

Pleasant Ridge Piranhas

NSSL

- ✓ North Suburban Swim League
- ✓ 12 swim teams within Oakland County

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EQUIPMENT

- ✓ Practice Suit
- ✓ Towels (dry-lands)
- ✓ Water Bottle
- ✓ Goggles
- ✓ Shoes
- ✓ Swim Cap
 - * *Girls – Required*
 - * *Boys – Optional*
- ✓ Fins
- ✓ Kickboard
- ✓ Team Suit
- ✓ Team Swim Cap*

PUT SWIMMER'S
NAME ON
EVERYTHING!

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Swim Meet 101

- ✓ 6 regular season dual meets
 - 3 home, 3 away
- ✓ Dual Meet
 - PR versus 1 Club
 - Swimmer may swim in 2 Individual events & 1 Relay**
- ✓ Age Groups (age as of May 30)
 - 8 &U; 9-10; 11-12; 13-14; 15-18
 - 8 & Under
 - Pre-Team

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Swim Meet 101

- ✓ FR = Free Style
- ✓ BK = Back Stroke
- ✓ BR = Breast Stroke
- ✓ FLY = Butterfly
- ✓ IM = Individual Medley
- ✓ MED REL = Medley Relay
- ✓ FR REL = Free Relay
- ✓ 25m = 1 length
(Pre-team, 8 & under)
- ✓ 50m = 2 lengths
(9 & above)

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Swim Meet 101

- ✓ Competition vs. Exhibition
- ✓ Swimming for points vs. swimming for a personal best
- ✓ Ribbons

Heat Sheets

#16 Boys 7-8 25 Yard Freestyle

Lane	Name	Age Team	Seed Time
Heat 1 of 3 Finals Starts at 06:56 PM			
1	Grubaugh, Liam	7 FINS-GA	20.97
2	Plantamura, Nicholas	8 PRC-GA	17.73
3	Hill, Michael	8 FINS-GA	17.84
4	Hodell, Riley	8 PRC-GA	17.24
5	Wohlford, Nate	7 FINS-GA	18.72
6	Monroe, Adam	8 PRC-GA	22.23
Heat 2 of 3 Finals Starts at 06:57 PM			
1	Wohlford, Ben	7 FINS-GA	25.03
2	Jay, Baxter	8 PRC-GA	23.23
3	Epping, Atley	8 FINS-GA	21.06
4	Hooker, Owen	8 PRC-GA	22.97
5	Howe, Graham	8 FINS-GA	24.45
6	Holbrook, Charlie	7 PRC-GA	30.94
Heat 3 of 3 Finals Starts at 06:58 PM			
1	Lee, Evan	7 FINS-GA	40.23
2	Gault, Rob	7 PRC-GA	35.68
3	Copley, Caleb	8 FINS-GA	31.40
4	Bently, Bryce	7 PRC-GA	32.98
5	Avecilla, Misael	8 FINS-GA	33.59
6	Payne, Robert	7 PRC-GA	42.11

#17 Girls 9-10 25 Yard Freestyle

Lane	Name	Age Team	Seed Time
Heat 1 of 5 Finals Starts at 07:00 PM			
1	Ledbetter, Bailey	9 FINS-GA	18.50
2	Munger, Audrey	9 PRC-GA	14.45
3	Prescott, Mackenzie	9 FINS-GA	17.21
4	Plantamura, Natalie	10 PRC-GA	14.13
5	Wohlfrod, Rachel	10 FINS-GA	18.24
6	Tarkenton, Olivia	10 PRC-GA	15.72

Heat 2 of 5 Finals Starts at 07:01 PM

#41 Girls 11-12 50 Yard Backstroke

Lane	Name	Age Team	Seed Time
Heat 1 of 3 Finals Starts at 08:37 PM			
1	Connell, Sarah	12 FINS-GA	51.22
2	Schmidt, Erin	11 PRC-GA	46.20
3	Lee, Madison	11 FINS-GA	42.01
4	Hergott, Laura	12 PRC-GA	40.98
5	Alexander, Berry Claire	12 FINS-GA	44.44
6	Miller, Paige	12 PRC-GA	55.72
Heat 2 of 3 Finals Starts at 08:39 PM			
1	Johnson, Nathalie	12 FINS-GA	54.34
2	McCray, Alexis	11 PRC-GA	NT
3	Coine, Sydney	11 FINS-GA	52.81
4	Tom, Rachel	11 PRC-GA	1:17.78
5	Wohlford, Abby	12 FINS-GA	53.08
6	Mitchell, Karlee	11 FINS-GA	55.26
Heat 3 of 3 Finals Starts at 08:41 PM			
1			
2	Farrer, Chloe	11 FINS-GA	NT
3	Grimes, Julianna	11 FINS-GA	58.38
4	Gordon, Laura	11 FINS-GA	NT
5			
6			

#42 Boys 11-12 50 Yard Backstroke

Lane	Name	Age Team	Seed Time
Heat 1 of 3 Finals Starts at 08:43 PM			
1	Anna, Bryson	12 FINS-GA	56.57
2	Tarkenton, Chase	12 PRC-GA	41.57
3	Adair, Justin	12 FINS-GA	42.50
4	Estroff, Ben	11 PRC-GA	35.62
5	Baker, Connor	11 FINS-GA	48.72
6	Strickland, Jackson	12 PRC-GA	43.95

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Swim Meet 101

- * 8 & Under Girls – events end with 7
 - * 7, 17, 27, 37
- * 8 & Under Boys – events end with 8
 - * 8, 18, 28, 38
- * 9-10 Girls – events end with 9
 - * 9, 19, 29, 39
- * 9-10 Boys – events end with 0
 - * 10, 20, 30, 40

A handwritten table on lined paper. The table has three columns labeled 'E', 'H', and 'L' at the top. The first column contains the numbers 6, 12, and 16. The second column contains the numbers 4, 3, and 4. The third column contains the numbers 4, 5, and 8. To the right of the table, there are three lines of text: '50 Fr', '50 BK', and '100 Fly'.

E	H	L	
6	4	4	50 Fr
12	3	5	50 BK
16	4	8	100 Fly



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Swim Meet 101

- ✓ Check-In
- ✓ Warm-Up
- ✓ Marshalling
- ✓ Race Review w/ coach
- ✓ Stay for relays



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Swim Meet 101

- ✓ Marshalling
 - Home Meets (PR Pool)
 - Grassy area closest to the parking lot
 - Away Meets
 - Varies by location

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- * Try-outs for 8 & Under/Pre-Team: Monday May 7th
- * Indoor practice starts: Tuesday May 8th
- * Welcome Dinner: Monday May 21st
- * End of merchandise on-line ordering: Tuesday May 22nd
- * Team picture and swim-a-thon for Special Olympics: TBD
- * Outdoor practice starts: Monday June 18

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Swim Meet Check-List:

- ✓ 2+ Towels
- ✓ Team swimsuit
 - Wear to meet
- ✓ Goggles & a spare!
- ✓ Team swim cap
- ✓ Sweatshirt/pants
- ✓ Socks/shoes
- ✓ Water Bottles
- ✓ Healthy snacks
- ✓ Sunscreen
- ✓ Umbrellas / Ponchos
- ✓ Chairs
- ✓ Canopy
- ✓ Games/books/cards /etc.
- ✓ Buddy “surprise”



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What not to bring:

- ✓ Electronic Devices
- ✓ Alcohol
- ✓ Candy / Sweets
- ✓ Nuts or Food containing nuts

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Buddies

- * Newer/younger swimmer is paired with an older/more experienced swimmer for the season
- * Buddy “gift” at swim meets
- * CHEER!! Positive support!

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Blue vs Yellow meet

SATURDAY JUNE 9TH AT P.R. POOL

- * Previously called “time trials”
- * Way for coaches to get times for all current swimmers
- * Way for parents to try out some of the volunteer positions before the real season starts

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Mini – Meets

- * 9 – 10 Mini-meet
 - * Saturday June 16 @ CSC
- * 11 & Up Mini-meet
 - * Saturday June 23 @ BHAC
- * 8 & Under Mini-meet
 - * Saturday June 30 @ WAC

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2018 Dual meets

- * Monday June 18th – away at BVSC
- * Monday June 25th – away at BHSAT
- * **Thursday June 28th – home against HHSC**
- * **Monday July 2nd – home against WAC**
- * **Monday July 9th – home against HWAC**
- * Thursday July 12th – away at WHSC

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*IF YOUR SWIMMER IS NOT GOING TO BE ABLE TO ATTEND ANY OF THE SCHEDULED MEETS, PLEASE SIGN THE NO-SHOW LIST FOR EACH MEET UNDER THE “VOLUNTEER” TAB ON THE WEBSITE



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Bagel days

- * Each swimmer gets a bagel after practice the day of a dual meet
- * **NEED PARENT VOLUNTEERS AT THE TABLE FOR THE END OF EACH PRACTICE GROUP**

Pancake Breakfast

- * Monday July 16th
- * **NEED PARENT VOLUNTEERS AT THE TABLE FOR THE END OF EACH PRACTICE GROUP**

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Sponsors!!

- * What the money goes towards:
 - * bagel days
 - * finals t-shirts and caps
 - * dry-lands equipment
- * What they get:
 - * banner at home meets
 - * thank you and recognition in the PR Ridger and at the banquet
 - * happy ad in the finals program of events

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Adult Swim Meet

* Wednesday July 18th

* (rain date: Thursday July 19th)

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Championship Meets

- * All NSSL teams

- ✓ *B Finals*

- **Saturday July 21st** (Woodbrooke Hills)

- spaghetti dinner Friday July 20th

- Championship meet for all swimmers that do not qualify for A Finals

- each swimmer is limited to 2 individual events

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Championship Meets

* All NSSL teams

✓ *A Finals*

○ **Saturday July 28th and Sunday July 29th**
(Beachwood)

○ spaghetti dinner Friday July 27th

○ Championship meet for top 2 times in each event for each age group from each club (boys and girls)

▪ each swimmer is limited to 2 individual events

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*** DO NOT ASSUME THAT YOUR CHILD WILL NOT MAKE IT TO A FINALS JUST BECAUSE THEY ARE NEW OR THEY DID NOT SWIM IN THE POINTS HEATS EARLY IN THE SEASON!!!**

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Posters

- * Every swimmer who is participating in either A or B Finals will get a poster made for them
- * Hung on your front door the night before the swimmer's finals
- * **NEED PARENT VOLUNTEERS TO DRIVE FOR DELIVERY**

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*IF YOUR SWIMMER IS NOT GOING TO BE ABLE TO ATTEND **EITHER** OF THE CHAMPIONSHIP MEETS, PLEASE SIGN THE NO-SHOW LIST FOR **A AND B** FINALS UNDER THE “VOLUNTEER” TAB ON THE WEBSITE



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Happy Ads

- * Your message printed in the program of events/heat sheets for championship finals
- * \$5 / ad (more for larger ads)
- * Forms will be available by last dual meet

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End of Season Banquet

SUNDAY, JULY 29TH after the second day
of A finals

At the pool!!

- * Tickets are sold PRIOR to the banquet
(watch website for details)
- * All swimmers are recognized, awards
given, dinner, dancing, fun in the pool

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* **Meet Volunteers**

- ✓ *Timers (home and away)*
- ✓ *Runners (home)*
- ✓ *Marshalling (home and away)*
- ✓ *Awards (home)*
- ✓ *Smoothies (home)*

You will always be able to break away to see your child swim



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How Do I Volunteer?

* www.pleasantridgepiranhas.com

Click on “Volunteer” tab